

# BALANCE CHAIR

## OPERATING INSTRUCTIONS

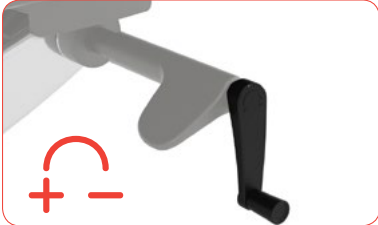


### SEAT SLIDE ADJUSTMENT



Pull out the seat slide lever under the right hand side of the seat, release the lever when the desired depth is achieved.

### TILT TENSION ADJUSTMENT



Pull the tension adjustment winder out and rotate it in the "+" direction to increase the reclining tension. Rotate the winder in the "-" direction to decrease it. Adjust the tension according to your physical size and preference.

### SEAT HEIGHT ADJUSTMENT



To operate pull up to allow seat to rise releasing when you have reached desired height. In order to lower operator is to be seated in the chair and lever is pulled up again releasing when height reached.

### LUMBAR ADJUSTMENT



While seated, bring your both hands to the rear of the backrest, then with your back lifted slightly off the backrest, lift or lower the adjustment levers on both sides.

### ARMREST ADJUSTMENT



Press the bottoms inside the armrests to adjust the height of the armrests, you can also adjust the horizontal angle of the armrest in the outward or inward directions.

### BACK ADJUSTMENT



To lock back so no recline is available pull lever up until locked. Push lever down fully to allow back to free float meaning recline is achieved whenever operator leans back.